

## PROCESS, BIORESONANCE AND SUPPORTING INFORMATION

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The Intolerance, Deficiency and Toxicity Test offers the following four components:

**Food Intolerance Testing**- 434 Food Items, of which 73 - Food Additives  
**Environmental Intolerance Testing**-127 triggers  
**Nutrient Deficiencies Testing** – 127 nutrients  
**Heavy Metal Toxicity** – 66 heavy metals

Our partner testing facility was formed in 2008 and has been offering intolerance testing services around the world.

As of 31st December 2017, the testing facility had provided 370,000 tests Worldwide, currently this number is sitting at **over 500,000 tests**.

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### SAMPLE COLLECTION PROCESS AND LOGISTICS

We strive to make the process as simple and easy for as possible for practitioners' end clients alike.

- ☐ The Client visits the Practitioner and requests an Intolerance, Deficiency and Toxicity Test.
  - ☐ The Practitioner assists the client to fill out the "Sample Collection Form".
  - ☐ The Practitioner then takes a hair sample (3-4 hairs, minimum 3cm in length) from the client (preferably from the head, however samples can be collected from anywhere on the body), ideally with the root /follicle or as close to the root as possible, places the sample in a small Ziploc bag (witting. In black permanent marker, the name and surname of the client, practitioner's practice name and branch), staples the sample containing bag to the form and encloses them in a standard white letter envelope.
  - ☐ Prior to sealing the envelope, the practitioner scans the completed, IN FULL by both the client and practitioner, Sample Collection Form and emails it to  
The Health Coach Academy to request an order number (to be completed on the form) as well as to request courier collection.
  - ☐ The envelope is collected by a courier company from the practitioner's premises and  
The Health Coach Academy handles all local and international logistics and tracking of the sample.
  - ☐ Once received in the laboratory samples are matched with their order numbers and placed in queue for testing.
  - ☐ Testing is completed by laboratory technicians.
  - ☐ Laboratory Test Results are typically received (in electronic form) by the Practitioner approximately 3 weeks after courier sample collection.
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## LABORATORY INTERNAL PROCESSES

- ☐ Samples are received and sorted in a post sorting room.
  - ☐ Each sample is linked with its allocated order number and an email notification is automatically sent to The Health Coach Academy confirming receipt.
  - ☐ All laboratory technicians ensure that they follow the good laboratory practices for sorting and testing.
  - ☐ Samples are input with the client information into the Mars III Bioresonance Equipment and results saved in preparation for sending to the distributor centers (The Health Coach Academy).
  - ☐ The samples are disposed and the paper customer data is shredded.
  - ☐ Customer results are sent from the laboratory by an automated emailing system to the distributors (the Health Coach Academy).
  - ☐ All client information is stored on Snapsuite in the cloud on a secure server. Access to client records is only permitted by technicians and managers.
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## LABORATORY TESTING EQUIPMENT

**Name:** MARS III (Multiple Analytical Resonance System)

**Manufacturer:**

Bruce Copen Laboratories  
Prop.: Dipl. Ing. Harald Rauer  
Hainbuchenring 4  
D-82061 Neuried  
Germany

**Accreditation:**

Manufactured as a medical device class 11a according to ISO EN 13485, annex V. EC-Certificate of conformity council directive 93/42/EEC.  
Proper laboratory Practice guidelines are followed at all times to ensure that the laboratory premises comply with UK standards.

**Intended use according to manufacturer:**

The medical product MARS III is a bio-resonance diagnostic and therapy device for testing for intolerances, deficiencies, toxicity and treating functional gastrointestinal complaints and improving the condition of mental state disorders. All other therapies are intended to supplement the treatment provided by academic medicine.

**Basic Description:**

Bioresonance is a method which measures the balance or imbalance of electrical energy fields of biological systems. The analysis is carried out using samples of hair received from the client.

With the Mars III, the sample is placed in the device input channel and the built-in scanner tests against selected items on the database to create a Bioresonance profile.

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## **WASTE DISPOSAL**

### **Confidential waste:**

Confidential sample return documents are disposed in a locked and tamper -proof bin provided by laboratory service providers Shred Station Ltd. The provider will regularly, empty and shred securely onsite using their equipment.

Shred Station Ltd, Osborne House, Wendover Road, Norwich, Norfolk NR13 6LH | Company registration No. 6359628

Security: Employee checks in line with BS7858 and CRB check. All trucks are sealed bodies, with CCTV and comply with Euro 5 & 6 emission standards and are continually tracked via GPS.

Fully compliant and certified to all UK, DIN and European standards for secure, environmentally friendly document shredding and disposal, including ISO9001, EN15713 and ISO14001. We are certified as a PCI DSS level 1 service provider, which is the highest level of security for card data.

Environmental: Certification under ISO 14001

### **Clinical Waste:**

Hair samples remain in their sample bag at all times and are disposed in clinical waste bins provided by our service provider Direct365online Ltd.

Direct365online Ltd. Parkside Place, Oasis Business Park, Skelmersdale, WN8 9RD Company Reg No. 05495914

Disposal: In Compliance with Hazardous Waste (EWC 18-01-03)

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## **THE SCINCE OF BIORESONANCE**

Bioresonance has become an important diagnostic tool for complimentary therapy Worldwide and used in many countries alongside mainstream allopathic, modern medicine.

It is also referred to as electro-dermal testing, bio -physical information therapy, BIT, bio-energetic therapy, energy medicine and vibrational medicine.

The method is based on the notion that electromagnetic oscillations emitted by diseased organs and cancer cells are different from those emitted by healthy cells. It is promoted for the diagnosis of intolerances, nutrient deficiencies and toxicity as well as other health conditions such as asthma, atopic dermatitis (eczema) and so on.

Bioresonance Testing is the method of testing a body based on the “resonance” or electromagnetic waves. Intolerance analysis using Bioresonance testing equipment takes a sample from an individual and emits waves towards the input sample. The

results are generated from the resonance of the waves feedback which will highlight a sensitivity within the individual.

The more significant the reaction or resonance, the higher the likelihood the patient will experience a bodily sensitivity or intolerance. This information is then collated and placed in a report to apply an elimination diet for a period of time.

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## ADVANTAGES OF BIORESONANCE TESTING

There are many types of Bioresonance Testing, but they all share the common characteristic of being based on utilizing the energetic and informational qualities of human physiology for the extraction of important clinical and/or diagnostic information. The great advantages of this approach include:

- ☐ Non-invasive, therefore no side effects
  - ☐ Significantly cheaper than other testing
  - ☐ A growing field of research and development Worldwide
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## HOW IS BIORESONANCE TESTING PERFORMED

In an electricity-based machine, hundreds of small homeopathic test filters (i.e., informationally/energetically imprinted water), also known as structured water are used instead, as a part of the diagnostic resonance circuit between laboratory testing equipment and patient sample.

The patient's sample is then tested in response to these filters, which represent a great variety of different organs, tissues and pernicious factors such as sensitivities to specific triggers, metals, chemicals, nutrients others.

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## BIORESONANCE HISTORY

**Prof. Fritz-Albert Popp**, vice president of International Institute of Biophysics discovered that living cells emit tiny amounts of light called "photones" and that the source of that light is in the DNA of a molecule, specifically in the nucleus of the cell. The conclusion is that photones are responsible for causing biochemical processes in all cells.



**Dr. Franz Morell** and **Eng. Eric Rasche** made the first bioresonant instrument - MORA. Regumeds Bicom 2000 is a device that uses electromagnetic frequency patterns collected from the body, and the goal is to encourage healing by triggering bodies own forces.

**Bioresonance diagnosis and therapy** is a field of energy medicine that is based on the detection of electromagnetic frequencies in the body which then reveal blockages (disease) and all other substances that harm the body and are treated with the same frequencies used during the therapy. Good frequencies are returned to the body, and these correct the bad ones and are transmitted as a therapeutic signal.

**Bioresonance therapy (BRT)** is a gentle and non-invasive therapy that uses vibration/frequencies in order to help eliminate dysfunctions. After BRT, beneficial changes in the energy field are the result of improvements in the chemical and physical level of the body.

Bioresonance therapy can accept and transfer the good electromagnetic frequencies. Frequencies used in the treatment have a wide range and range from 10 Hz to 150 kHz

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## **BIORESONANCE EFFICACY**

Bioresonance therapy as a diagnostic tool has become so popular and widespread in particular, Germany, where an efficacy study was completed in 2006 to defend the company, Regumed Germany, manufacturer of the BICOM Bioresonance equipment against a complaint filed through the advertising control institute.

Their complaint through the Munich Bavarian regional Court focused on claims that Bioresonance can be used to diagnose and treat intolerances effectively.

Regumed had to explain successfully demonstrated the efficacy of Bioresonance Allergy and Food Intolerance treatments through numerous attestations and studies. The court ruled on the basis of the numerous attestations and materials attesting to the efficacy of Bioresonance Allergy and Food Intolerance treatments that Regumed and its therapists can continue to promote the diagnostics and treatment with Bioresonance for food intolerances.

(14.05.2009 Aktienzeichen 6U 2187/06 Urteil Oberlandsgerichts München).

Within this efficacy study subjects were tested with a prick test (considered by conventional medicine as a reliable testing method for allergies) and a Bioresonance device supplied by BICOM.

The test cases were subject to mites, grasses, olive and wall pellitory (a common weed and allergen).

The test was carried out by Giannazo E., Valenti S., Puzzo D. from the Physiology and Biophysics Department at the University of Catania.

31 double readings were taken on 4 separately recorded occasions.

**The results showed that of the tests, the Bioresonance equipment produced equivalent results as the prick test in the vast majority of cases.**

**The full study of the BICOM Bioresonance equipment found that there was sufficient scientific evidence to substantiate the claims made by Regumed regarding Bioresonance.**

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## **APPLICATION OF BIORESONANCE WORLDWIDE**

The Bioresonance equipment market has two main manufacturers, Bruce Copen Laboratories and BICOM, both producing a range of medical and non-medical diagnosis devices.

Bruce Copen, the supplier of our MARS II equipment have 17,000 devices Worldwide and BICOM with 7,000 in Germany alone and equipment throughout Europe and in Chinese hospitals.

Bioresonance has is commonly used by sports people to help more rapid recovery from injury and to help maintain optimum health and performance. Further evidence of its successful use is by the 2007 Olympic Swedish Cross Country team.

The team "Team Mekonomen" under the guidance of Dr Ulrich Ghisler used the e-Lybra system used at the UpperStorey Care Clinic to enhance performance and aid faster recovery for injuries during their build up towards the next major championships.

The four Olympic athletes – Mathias and Thobias Fredriksson, Anders Södergren, and Björn Lind used Bioresonance therapy to aid their recover from injuries, to reduce the amount of sick-days during training, and to assist them in remaining mentally fresh and alert.

The Russian space programme used Bioresonance for treatment of cosmonauts that stayed in space for longer than a year. These cosmonauts were in space with no access to medical attention. The fact that all water (including urine) was recycled on vehicles such as the Mir Space Station meant that chemical-based medicines and conventional drugs could not be used as even a single aspirin, if taken by one of the crew, would stay in the water supply for ever as it would be excreted and then recycled.

This led to the Russian Government having to develop purely electronic means to treat their cosmonauts' health problems. Starting from the principle of Bioresonance therapy they developed a device called the Skenar or the Kosmed. This is a small, hand-held, computerised electro- therapy device of great sophistication and power. The machine puts an electric impulse into the body, reads the impulse coming back from the body, and then alters the next impulse it puts out. This is repeated until the body reaches a state of electrical normality. The device started life as a space project but is now widely used in hospitals in Russia. Most Russian ambulances carry them.

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# TESTEMONIALS

## PRACTICIONERS

### Measured Lab Fitness

Before I became a Partner I did a test on myself and I was surprised to find I was intolerant to avocado. I used to eat them almost daily. As soon as I eliminated them from my diet my acne cleared up!! Test was easy and results are emailed fast. Now I am a partner and offer this great service to my clients.

Rick Ackerson - Owner - Measured Fitness Lab

### Root and Remedy

"I am beyond ecstatic to have found this comprehensive intolerance test. There isn't another comparable product on the market! Not only does this test indicate problematic foods, but also non-food items as well. I was able to indicate the root cause of several of my client's health issues and provide long term relief for them. Everyone should take this test! It is most definitely a game-changer".

### James Coffey

With the OCR world championships coming up I was searching for something that would enable me to be at my peak physical performance. I came across this test and I was amazed at the details it gave me. After replenishing the nutrients indicated naturally I feel better than ever, highly recommend this test for all sports men and women!

### Toxin Free Life – Meg Smit

"I am a Board Certified Holistic Nutritionist, Certified Detox Coach and the owner of [www.toxinfreelife.com](http://www.toxinfreelife.com). I specialize in supporting clients' health and lifestyle change through detoxing their home environment and diet. Detoxing the home creates a space where the immune, respiratory and neurological systems can rest and gain strength. Detoxing the diet provides the gut with the opportunity to heal and nurtures a healthy microbiome. The Allergy Test Co bio -resonance hair test identifies the most important environmental and food intolerances that should be avoided during the detox period to attain optimal healing as well as the nutritional deficiencies that need to be supported by the diet to improve overall health. It is the best test for my profession because hair follicles are more accurate, less costly and do not deteriorate. Blood, urine and stool samples require lab collection, are costly to test, deteriorate quickly and require you to have had recent exposure to the intolerant item. I highly recommend this test to individuals and professionals."

## CLIENTS' TESTEMONIALS

### **Khadra Smart – January 2018**

The test showed up a multitude of intolerances but the ones that have impacted me the most is my intolerance to Dairy, Bread & Fish. Cutting these out of my daily diet has made a drastic difference. I am no longer bloated - I have had so many people ask me how much weight I have lost when I've mainly just lost the bloat. My skin has also changed dramatically, which my trying to re-add ingredients at a time is down to Dairy. Cutting out fish has resulted in me experiencing practically no headaches - which is life changing for me as a headache sufferer. I have started taking Omega 3 that is derived from flax seed rather than cod to balance out the lack of natural fish in my diet. All in all, the test has been a massive life changer for me. I feel so much better in myself and it's noticeable to others as well.

### **Brittany Doussan – January 2018**

To Whom It May Concern,

I just wanted to send this email to thank you all for your wonderful work.

I recently received my test results and was found to have a gluten intolerance, among other things. Ironically, six months ago I tried a gluten free diet and stuck with it for at least 3-4 months and felt great - but the holidays came and I quit. Ever since quitting my stomach and digestive issues have been horrible. Not really knowing what was wrong with me, my father recommended me to get my tolerance levels tested. To my shock, I am 100% intolerant to wheat and nearly 100% intolerant to gluten.

Looking back, I think I have had this sensitivity my whole life, I just never knew what to call it. I remember being in college classes embarrassed at my stomach always rumbling. I always sat in the back just in case I needed a bathroom break.

Truly, I cannot thank you enough for alleviating me of this issue.

An answered prayer.

Thank you,  
Brittany Doussan, 27yrs

### **Jennifer Daley – December 2017**

Thank you very much for providing me with useful information that has really improved my health! I have eliminated the foods that you recommended and have been thrilled to add back some foods that I previously thought were problems for me. I feel so much better! I have recommended your testing to many people. Thank you!

### **Colleen & Larry Wolkosky – October 2017**

I was so happy and impressed with my test results that my husband requested I do the test for him! The results have helped us take control over our health and wellbeing and the benefits are already noticeable. I have more energy than I have had in years, sleep better and no more nagging issues! Goodbye and good riddance itchy skin!!! My husband is now actually making smart choices based on his results as well! We are both so much more aware of what we can and cannot tolerate and finding it so easy to make the best choices for us. Best money we have ever spent! Thanks so much



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### **Marie Lowe – September 2017**

Wow, what can I say about this company and my food intolerance testing.

The company were always at hand to answer any questions.

I decided to have food intolerance tests done after years of digestion problems, e.g. IBS. I found I was intolerant to millet and oats so all those years of eating granary bread had to go. Also deficient in B, d, Potassium so i now take supplements. I cannot believe the difference in my symptoms from cutting the grains out. I always presumed it was wheat and milk but these foods are ok for me. I can highly recommend this company and amazed at their costs to give such fantastic benefits. Money well spent and very happy.

#### **Disclaimer:**

Bioresonance is categorized under Complementary and Alternative Medicines (CAMs) which covers a wide range of therapies that fall outside mainstream allopathic medicine.

As a CAM, Bioresonance therapy is recognized as a proven therapy method by practitioners and peers Worldwide. Conventional allopathic medicine does not currently recognize Bioresonance as it has not been subject to sufficient scientific research.

The Intolerance, Deficiency and Toxicity Test does not make a medical diagnosis nor is it intended to be a substitute for professional medical advice, diagnosis, or treatment.

Always seek the advice of your doctor or other qualified health provider if you have a medical condition or with any questions you may have regarding a medical condition and/or medical symptoms. Never disregard professional medical advice or delay in seeking it because of something you have read on this website. All probable or possible diagnoses generated by The Intolerance, Deficiency and Toxicity Test or members of The Health Coach Academy need to be discussed and confirmed with a qualified medical practitioner.

If you think you or your client may have a medical emergency, please contact a medical doctor or the emergency services immediately.

Reliance on any information provided by

The Intolerance, Deficiency and Toxicity Test is solely at your own risk. Some of the content on The Health Coach Academy website may be provided by third parties and we are not in a position to verify this content. We do not warrant that any such third party content is true, accurate or complete. Our test does not measure type IgE allergies or IgG antibodies.

Since these reactions can be serious, you or your client should seek the help of an allergy specialist.